

Dr. Gowri Rocco

Bio-Identical Hormone Specialist | Double Board Certified Medical Doctor
Best Selling Author | Medical Correspondent | Wellness Warrior

Dr. Gowri Reddy Rocco is a double board-certified Medical Doctor in Family Medicine and in Regenerative, Anti-Aging and Functional Medicine. She has been practicing medicine for two decades and is co-founder and president of Optimum Wellness & Longevity in Corona, California. Dr. Rocco has a successful practice where she practices customized Bio-identical Hormone Replacement. Dr. Rocco treats high profile and celebrity clients, such as Sarah Palin, Walker "the Legend" Evans, along with high producing executive clients and motivated patients.

AS SEEN ON



Daily Herald



The Boston Globe

Dr. Rocco is also an International #1 Best Selling author of *"GROWING YOUNGER: Restore Your Hormones, Energy and Sex Drive."* A Powerful Natural Guide to Optimal Wellness & Longevity." Suzanne Somers has written an enthusiastic Forward for Dr. Rocco's book, and has been working with her for over 7 years. Dr. Rocco's book is a powerful comprehensive guide for men and women to help fight premature aging and restore their youth, energy, sex drive and sleep. Learn how to ignite your body's natural healing powers to prevent and fight disease and cancer. Dr. Rocco's book is an exciting, easy to read, integrative approach to regenerating the body through natural hormone balancing and lifestyle modification.

A Powerful Transformation Awaits You!





This is it!

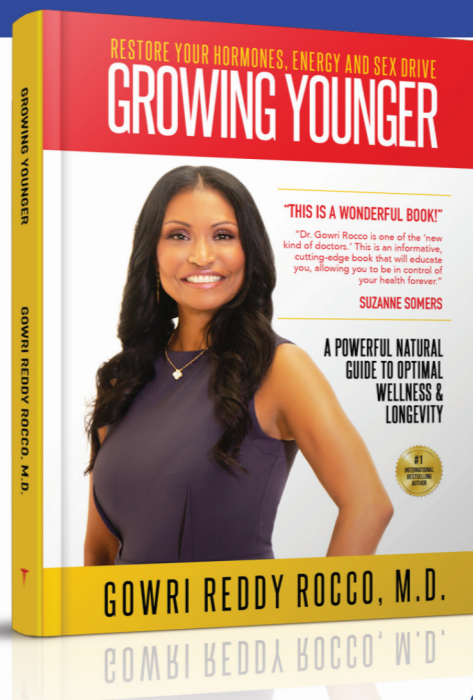
"Dr. Rocco nails it on many fronts: the solution to our unaffordable, unsustainable health care system; the recipe to develop an impervious immune system to PREVENT illness; the motivation to be accountable for our health; and the inspiration to follow protocol she's lined out for us. I know it works, firsthand, as I've been privileged to work with Dr. Rocco on options she presented me that made all the difference in my oftentimes-hecktic life... 'Growing Younger' is the book so many are seeking, as tumultuous times within our culture's harsh environment compete against our health, happiness and youthful vitality."

DR. ROCCO'S WORK MADE ALL THE DIFFERENCE IN MY OFTENTIMES - HECTIC LIFE!

- FORMER ALASKA GOV. SARAH PALIN

KEYNOTE SPEAKING TOPICS

- Customized Natural Hormone Replacement and Balancing for Women and Men
- Menopause (Women losing hormones)
- Andropause (Men losing hormones)
- Sex Drive and Libido
- Sleep Health
- Thyroid Optimization and Balancing
- Brain Health and Mental Health Optimization
- Weight Management and Reversing Obesity
- Life Extension
- Powerhouse Vitamins
- Health and Wellness
- Nutritional Optimization for Longevity
- Disease Intervention and Prevention
- Boosting Our Immune System Naturally
- Lifestyle Optimization for Strong Immunity



This is a wonderful book!

"This is a wonderful book! Dr. Gowri Rocco is one of the 'new kind of doctors.' She has courageously stepped outside of the preset 'standard of care' box to offer information not learned in medical school. This is an informative, cutting-edge book that will educate you, allowing you to be in control of your health forever." Suzanne Somers has written the forward for Dr. Rocco's book and has been working with her for over seven years.

- SUZANNE SOMERS, ACTRESS, AUTHOR AND WOMEN'S HEALTH ADVOCATE



Book Dr. Gowri Rocco Today!

Optimum Wellness & Longevity

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